



## Personal Information

**I appreciate the opportunity to serve you. Your responses are important to help better understand you, and deliver the best possible health outcomes.**

Date \_\_\_\_\_

Last Name \_\_\_\_\_ First Name \_\_\_\_\_

Preferred Name \_\_\_\_\_ Birth Date \_\_\_/\_\_\_/\_\_\_\_\_

If Under 18 parent/guardians names \_\_\_\_\_

Postal Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Post Code \_\_\_\_\_

Home Phone \_\_\_\_\_ Mobile \_\_\_\_\_ Work \_\_\_\_\_

Email address \_\_\_\_\_

Occupation \_\_\_\_\_

Emergency Contact Name \_\_\_\_\_ Phone Number \_\_\_\_\_

Names and Ages of Children \_\_\_\_\_

Referred By \_\_\_\_\_

Have you ever received Chiropractic Care  YES  NO

If Yes, From Whom? \_\_\_\_\_ Date of last treatment? \_\_\_\_\_

Are you in a Health Fund?  YES  NO Name of Health Fund \_\_\_\_\_

What is your Major Complaint today? \_\_\_\_\_

When did this symptom begin? \_\_\_\_\_

What do you think caused this complaint? \_\_\_\_\_



# New England Chiropractic

(A.C.N. 137 440 825, ABN 11 749 118 066)

## Dr. Janine M Kinahan

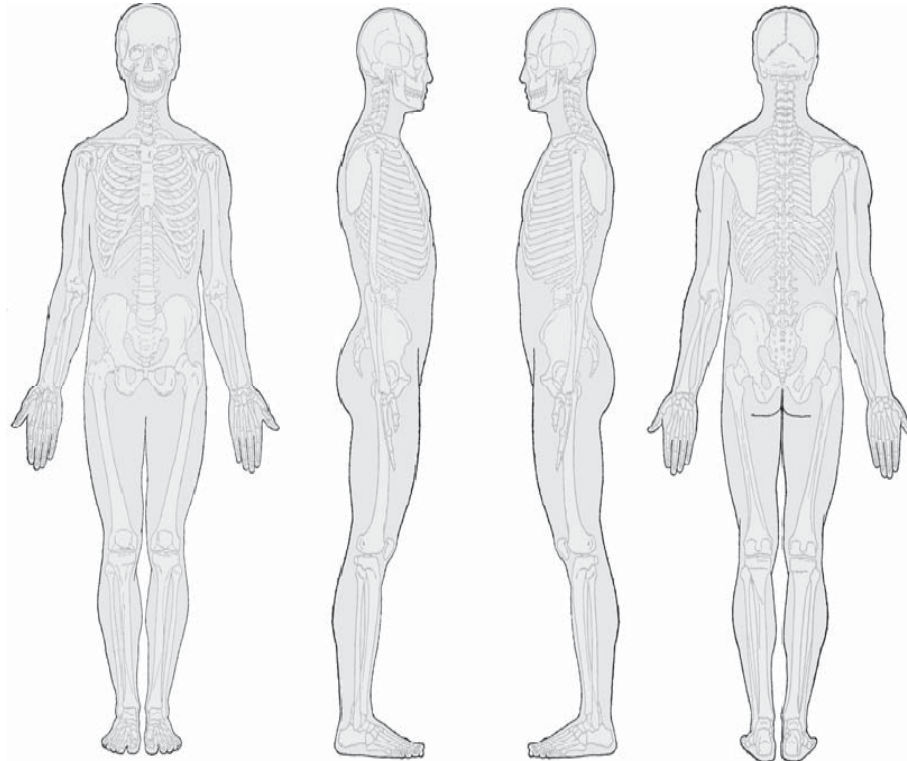
**Please Mark on the picture below the areas where you are experiencing pain:**

**Front**

**Right Side**

**Left Side**

**Back**



Right

Right

**On a scale of 0-10, with 0 representing no pain and 10 representing the most severe pain, use the key to the right and rate your severity of pain:**

**Right Now, what is the intensity of your pain?**

0 .....1.....2.....3.....4.....5.....6.....7.....8.....9.....10

**What is the least intense this problem has been?**

0 .....1.....2.....3.....4.....5.....6.....7.....8.....9.....10

**What is the most intense this problem has been?**

0 .....1.....2.....3.....4.....5.....6.....7.....8.....9.....10

- |  |
|--|
| <b>0 = No Pain</b>                             |
| 1 = Minimal                                    |
| 2 = Very Mild                                  |
| 3 = Mild                                       |
| 4 = Mild to Moderate                           |
| <b>5 = Moderate</b>                            |
| 6 = Moderate to Severe                         |
| 7 = Moderately Severe, restricts some activity |
| 8=Severe – limits most activity                |
| 9 = Very severe                                |
| <b>10 = Excruciating</b>                       |



# New England Chiropractic

(A.C.N. 137 440 825, ABN 11 749 118 066)

## Dr. Janine M Kinahan

Have you experienced these symptoms before?  Yes  No

If yes, when? \_\_\_\_\_

What makes this condition worse (e.g. heat,ice,lifting) \_\_\_\_\_

What makes this condition better (e.g. rest,  
ice) \_\_\_\_\_

Have you been to another doctor about this condition?  Yes  No

Dr's Name \_\_\_\_\_ Date Consulted \_\_\_\_\_

Does this condition interfere with your sleep?  Yes  No

If yes, how many times does it wake you up at night? \_\_\_\_\_

What position do you sleep in?  Front  Back  Side

Does it cause pain to cough, grunt or sneeze?  Yes  No

If yes, where? \_\_\_\_\_

Do you ever have impairment of bowel or urinary function?  Yes  No

Does the pain radiate anywhere?  Yes  No If yes, where? \_\_\_\_\_

Do you have numbness or tingling in the legs?  Yes  No Explain \_\_\_\_\_

Is your blood pressure  Normal  Low  High  Don't Know

All Medications / Vitamins you are taking currently \_\_\_\_\_

Have you ever had any hospitalization or surgeries?  Yes  No If yes, please list, with date

if possible \_\_\_\_\_

What type of care are you looking for?  Acute care (get rid of the pain)

Maintance care (want to keep pain away)

Wellness Care (want to have optimal health)



**Additional Complaints**

Please check all additional the complaints you have at this time, or have had in the past:

<input type="checkbox"/> Loss of Concentration	<input type="checkbox"/> Mid Back pain	<input type="checkbox"/> Fatigue	<input type="checkbox"/> Vision problems
<input type="checkbox"/> Eyes Sensitive to light	<input type="checkbox"/> Low Back pain	<input type="checkbox"/> Digestive trouble	<input type="checkbox"/> Dental appliances
<input type="checkbox"/> Memory Loss	<input type="checkbox"/> Right/Left shoulder pain	<input type="checkbox"/> Nausea	<input type="checkbox"/> Anemia
<input type="checkbox"/> Heavy feeling in head	<input type="checkbox"/> Right/Left arm pain	<input type="checkbox"/> Vomiting	<input type="checkbox"/> Heart Disease
<input type="checkbox"/> Dizziness	<input type="checkbox"/> Right/Left leg pain	<input type="checkbox"/> Diarrhoea	<input type="checkbox"/> Arthritis
<input type="checkbox"/> Ringing in Ears	<input type="checkbox"/> Pins and Needles in arms or legs	<input type="checkbox"/> Constipation	<input type="checkbox"/> AIDS/HIV
<input type="checkbox"/> Loss of Balance	<input type="checkbox"/> Sinus trouble	<input type="checkbox"/> Menstrual cramps	<input type="checkbox"/> Fractures (list)
<input type="checkbox"/> Loss of Smell	<input type="checkbox"/> Nervousness	<input type="checkbox"/> Heavy/light periods	_____
<input type="checkbox"/> Loss of Taste	<input type="checkbox"/> Chest Pain	<input type="checkbox"/> Jaw Pain	_____
<input type="checkbox"/> Pain Behind Eyes	<input type="checkbox"/> Shortness of Breath	<input type="checkbox"/> Cold hands/feet	_____
<input type="checkbox"/> Fainting/ Lightheaded	<input type="checkbox"/> Anxiety	<input type="checkbox"/> Diabetes	<input type="checkbox"/> Unusual weight loss
<input type="checkbox"/> Palpitations	<input type="checkbox"/> Depression	<input type="checkbox"/> Convulsions	<input type="checkbox"/> Loss of appetite
<input type="checkbox"/> Neck stiffness	<input type="checkbox"/> Insomnia	<input type="checkbox"/> Allergies (list)	<input type="checkbox"/> Headaches
<input type="checkbox"/> Upper back stiffness	<input type="checkbox"/> Hernia	_____	<input type="checkbox"/> Migraines
<input type="checkbox"/> Loss of Feeling	<input type="checkbox"/> Ulcer	_____	<input type="checkbox"/> Stroke
<input type="checkbox"/> Cancer	<input type="checkbox"/> Osteoporosis		

Do you have, or have you ever had, any diseases or medical problems not mentioned above?

YES  NO If so, Please list \_\_\_\_\_

Is there any additional information you would like the doctor to know before beginning your care?

\_\_\_\_\_  
\_\_\_\_\_

I hereby certify that the statements and answers given on this form are accurate to the best of knowledge and understand it is my responsibility to inform this office of any changes in my health.

I agree to allow this office to examine me for further evaluation.

Patient Signature \_\_\_\_\_ Date \_\_\_\_\_